Dear Parents, Students and Friends of the Lalor Gardens Primary School Community

BLOOMING GREAT KIDS TERM 4 WEEK 9—LEADERSHIP

What does it mean when we talk about leadership? Who are leaders and what do they do? Are there different types of leaders? How do we become good leaders?

These are some of the questions that people often think about when they think of leadership, because leadership is a difficult concept/idea. People of all ages often talk about leadership. Who are the leaders? Is it the captain of the team? Is it the fastest runner? Is it the best artist or the smartest kid in the grade? Well possibly. What are the qualities of good leaders?

Leaders can be all sorts of people. They might be the best at something, but being good at something does not necessarily mean you will be a good leader. So if leaders are not necessarily the best at something what are they?

Often leaders are those people who have the ability to inspire people around them and then to work together to achieve a common goal. It might be the person who helps organise a game, or the person who helps everyone get started on a task. It may be the person who helps sort out problems the group is having.

Leaders may sometimes be the boss. They may even be bossy, but more importantly, leaders are good listeners. They are fair to everyone and give everyone a go. When they understand what the group wants to do, they set about helping the group to achieve their goal.

Leaders take responsibility for themselves and others around them. They always try to set a good example and stick to the task at hand.

Not everyone is a leader. Most leaders do not lead all the time. Some of us like to be part of a team and take a quieter role. But there is always the opportunity for everyone of us to be leaders in some ways. Have a think about the leaders in your grade and whether or not you demonstrate leadership in some ways at different times.

REMINDER SCHOOL COUNCIL STUDENT REQUISITES FOR 2014

All parents are expected to pay for the School Council Student Requisites and Subject Contributions, regardless of whether you receive EMA or not as the school no longer receives a portion of the EMA allocation. The 2014 fees are set at $165 to account for increased costs of resources.

Parents received these forms last week. Payment by EFTPOS is now available. You can either pay the fees in a lump sum or in 4 instalments.

BEHAVIOUR IN THE YARD

As we approach the end of the year (THREE weeks to go) it is good to remind our students and families that the same expectations of student behaviour are expected at this time of year as expected at any other time. While we support students who do have issues, unacceptable behaviour is always unacceptable and continued disrespect for our school and classroom values will be punished. I ask parents to support the school in reminding their children of our school code of conduct and values and the expectations of behaviour. Some children have already been suspended for unacceptable behaviour. It would be a shame if children had to miss out on end of year activities and festivities due to repeated disregard of these values.
### Calendar of Events

<table>
<thead>
<tr>
<th>Date</th>
<th>Event Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Nov 29</td>
<td>2014 Prep Transition — 9.15 am/10.45 am</td>
</tr>
<tr>
<td>Dec 10</td>
<td>School Council Meeting – 6.30 pm</td>
</tr>
<tr>
<td>Dec 12</td>
<td>Goodwill Gathering</td>
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<tr>
<td>Dec 16</td>
<td>5/6 Graduation</td>
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<tr>
<td>Dec 17</td>
<td>Student Reports sent home</td>
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<tr>
<td>Dec 19</td>
<td>Grade 5/6 End of Year Excursion</td>
</tr>
<tr>
<td>Dec 20</td>
<td>Last Day Term 4 Students finish 1.00 pm</td>
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**Congratulations to the following students who have had a birthday or will celebrate their birthday during the week.**

- Imogen Bower
- Sercan Ozer
- Tran Nguyen
- Paris Tabone

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**CHRISTMAS HAMPERS**

The end of the year is drawing upon us and the fundraising team would like to say a big thank you to the students, parents and staff for supporting the school so generously.

Our final event for the year is the Goodwill Gathering which will be held on Thursday 12th December. We will sending home requests for items for the hampers to be won at the Goodwill Gathering. We hope that you will enjoy participating in this joyous community event.

The Fundraising Team
Congratulations to 1/2D who had 99% Attendance last week. Well done!
“SUGGESTING & PERSUADING/NEGOTIATING”

<table>
<thead>
<tr>
<th>Prep A</th>
<th>Eva O’Brien</th>
<th>For playing nicely outside and persuading others to do the right thing.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Prep B</td>
<td>Adam Kahric</td>
<td>For playing nicely outside and for persuading others to do the right thing.</td>
</tr>
<tr>
<td>Prep C</td>
<td>Kathy Nguyen</td>
<td>For using problem solving skills and taking turns when playing with friends.</td>
</tr>
<tr>
<td>1/2A</td>
<td>Bryana Sulke</td>
<td>For getting along well with her classmates in the school environment by displaying skills of sharing, taking turns, including others and being a good friend.</td>
</tr>
<tr>
<td>1/2B</td>
<td>Tamara Grmusa</td>
<td>For always using manners when speaking to people and for making a fantastic Australian animals poster.</td>
</tr>
<tr>
<td>1/2C</td>
<td>Jasmine Bicer</td>
<td>For trying to solve problems by negotiating with their friends and playing nicely.</td>
</tr>
<tr>
<td>1/2D</td>
<td>Jessica Joleska</td>
<td>For offering ideas to the other children when there is a problem to be solved.</td>
</tr>
<tr>
<td>1/2E</td>
<td>Marcus Volpe</td>
<td>For making some great efforts to find solutions to problems. Well done Marcus!</td>
</tr>
<tr>
<td>3/4A</td>
<td>Claire Micallef</td>
<td>For treating her classmates with kindness and always seeking to reach a fair decision. Keep up the great work!</td>
</tr>
<tr>
<td>3/4B</td>
<td>Omran Ahmad</td>
<td>For making excellent suggestions and having great negotiation skills! Well done!</td>
</tr>
<tr>
<td>3/4D</td>
<td>Mayuran Sasikumar</td>
<td>For using negotiating strategies to problem solve in the yard. Well done Mayuran.</td>
</tr>
<tr>
<td>5/6A</td>
<td>Isabella Ilieski</td>
<td>Isabella always has a positive attitude and can negotiate in group situations.</td>
</tr>
<tr>
<td>5/6B</td>
<td>Angelina Kalati</td>
<td>For respectfully negotiating with other people. Well done Angelina.</td>
</tr>
<tr>
<td>5/6C</td>
<td>Nasser Mostafa</td>
<td>For always suggesting and persuading/negotiating. Well done.</td>
</tr>
<tr>
<td>5/6D</td>
<td>Tran Nguyen</td>
<td>For being a fantastic negotiator both in class and outside during play and sport.</td>
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</tbody>
</table>
Useful Maths Websites

http://www.fun4thebrain.com/index.html
Great maths games to assist with the 4 processes (+, -, x, =)

http://www.topmarks.co.uk/mathsgames.aspx
Maths games for primary school students. Topics include counting, ordering, sequencing, numbers, place value, odd and even, addition and subtraction, multiplication, division, money and more.

http://getsmarts.weebly.com/
A huge collection of interactive sites for Mathematics, English, science, music, art, and logic games. From Copacabana Public School site.

http://www.coolmath4kids.com/
Fun Maths games, activities and puzzles. Also maths lessons, geometry facts and a maths dictionary.

http://labyrinth.thinkport.org/www/
Lure of the Labyrinth is a digital game for students in Year 5/6. It includes a wealth of intriguing math-based puzzles wrapped into an exciting narrative game in which students work to find their lost pet - and save the world from monsters!

Family Maths Challenge - Answers

Boiled Eggs - Start both timers at the same time. After 7 minutes, the 7-minute timer will be empty, but the 11 minute timer will still be running. Leave it running, and flip over the 7 minute timer. When the 11 minute timer is empty, flip over the 7-minute timer. There will be 4 minutes worth of sand in the bottom, which will now be flipped to the top. When it runs out, 15 minutes will have passed.

Numbers to 100 - It is possible to create a mathematical problem using the numbers 0-9 to get an answer of 100.

Traveling Trains - You will pass 5 trains. Did you miss a few? Most people guess 2 or 3. But the correct answer is 5: Out of your train window in Chicago, as you depart at noon, you will see the train that left Peoria at 10 a.m., arriving now in Chicago. As you travel toward Peoria, you will also see the train that left Peoria at 11 a.m., and at noon, and at 1 p.m., and the one that is about to depart for Chicago at 2 p.m., just as you arrive in the station.

Now it seems simple. That's the way math is, sometimes looking at it from a different angle helps us see it more clearly.
In the 3/4 Department this term we have been learning about “Indigenous Australia and Beyond”, which has involved looking at how Australia has changed since European colonisation. As part of this learning, we discovered that people often bring some of their cultures and customs with them when they begin life in a new place. In our writing sessions we have been learning about procedural texts and asked children to bring along a recipe from home which was culturally significant or special to their family in some way. These recipes have been transformed into a class cookbook and today we celebrated the launch of our cookbook by bringing in samples of the recipes to share. If you have a child in 3/4 we hope you enjoy cooking and sharing some of the recipes in your own households!
Chicken Rice Paper Rolls

By Anna Le

Goal:
To make delicious, yummy and easy chicken rice paper rolls!

Ingredients:
- 1.25L (5 cups) warm water
- 1 brown onion, halved
- 1 tsp black peppercorns
- 2 single chicken fillets
- 8 rice paper sheets
- ½ cup mint leaves
- 100g snow pea sprouts, trimmed
- Vietnamese dipping sauce, to serve

Method:
1. Assemble the ingredients.
2. Place water, onion and peppercorns into a saucepan. Bring to the boil over high heat. Add chicken. Cover the saucepan. Set aside for 30 minutes to poach. Remove chicken. Set aside to cool.
3. Shred the chicken. Dip one rice paper sheet into warm water for 30 seconds or until it softens. Arrange chicken along one edge, leaving a 2cm border. Top with mint, snow pea sprouts and a lettuce leaf. Roll up and enclose. Halve.
4. Repeat with the remaining dipping sauce rice paper sheets, chicken, mint, snow pea sprouts and a lettuce leaf.
5. Serve with dipping sauce and eat and enjoy!
A BIG congratulations to the following students for winning prizes at the Whittlesea Show. LGPS students, staff and community are very proud of your efforts. Kim Nguyen, Amalia Meliniotou, Katie Nguyen, Thilakshan Senthooran, Alia Habib and Jason Le.
Christmas...a time of Hope

Help us to give hope to a child by becoming a foster parent.

For more information call Lynette Tollit at Anglicare Victoria Preston (ph. 8470 9999)

Special Introductory Programme

AUSKIDS KARATE

Mill Park Leisure Centre
Morang Drive
Mill Park

5:30 pm Every Tuesday & Thursday
10:00am Saturdays

Martial Arts Tuition Specialists

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Have Book Will Travel

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SUNDAY 1 DECEMBER 2013 TO SUNDAY 1 FEBRUARY 2014

Major prize is an iPad

Prizes drawn and winners announced in the second week of February

Register online or at your local library

www.yprl.vic.gov.au
2014 JUNIOR REGISTRATION & Information Day

Sunday 8th December 2013
Time: 9am-12pm
Genis Steel Stadium @ B.T. Connor Reserve
Cnr Broadhurst Ave & Radford Rd, Reservoir

> Boys & Girls Teams
> All Age Groups & Skill Levels
> Small Sided Football (U7-U11)
> Juniors/Youth Teams (U12-U18)
> Qualified/Accredited Coaches
> FREE Sausage Sizzle & Coaching Clinic

PRESTON LIONS
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NO FEE INCREASE FOR 2014
Note: $50 Deposit required on Registration Day to secure your place in 2014

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From September, 5 things to remember
Slip! Slop! Slap! Seek! Slide!

From September, Victoria’s UV levels are on the rise, so it’s time to dust off the sun protection gear and *Slip, Slop, Slap, Seek, Slide* whenever you are outside. Check the SunSmart UV Alert for daily sun protection times – you can find it on the free SunSmart app, online *(sunsmart.com.au)*, in the weather section of newspapers, or as a free *website widget*. If you can’t check the UV Alert each day, make sure you use sun protection every day *from September to the end of April* in Victoria. Don’t just wait for hot, sunny days.

**Remember these 5 SunSmart steps during the sun protection times, even if it’s cool or cloudy**

1. **Slip on covering clothing.** If you can see skin, UV can reach it. Is your child’s skin covered with cool clothing today?

2. **Slop on SPF 30 or higher broad spectrum sunscreen.** Apply sunscreen before going outdoors and reapply every two hours. One application is not enough. Has your child had sunscreen applied and reapplied today?

3. **Slap on a sun protective hat.** The best hat shades the head, face, eyes, ears and neck. Does your child’s hat protect all of these areas?

4. **Seek shade.** Shady spaces help block some of the sun’s UV but not all so you still need to wear hats, clothing and sunscreen even in the shade. Does your child have shady places to play?

5. **Slide on sunglasses labelled AS 1067.** If practical, help protect your child’s eyes with sunglasses. Are your child’s eyes safe in the sun?

**A note about vitamin D**
The sun’s UV is the best natural source of vitamin D.

From September to April in Victoria, most people need just a few minutes of sun exposure to the face, arms and hands (or equivalent area of skin) mid-morning or mid-afternoon on most days of the week to help with vitamin D. Even with sunscreen you can still get some vitamin D. Sun safe outdoor play throughout the day should not put your child at risk of low vitamin D.

Children with naturally very dark brown or black skin need even more sun exposure to help with vitamin D. These children usually don’t need to apply sunscreen but they should still use the other SunSmart steps during sun protection times.

For further information contact:
SunSmart:
Ph: 9635 5148
Email: sunsmart@cancervic.org.au
Web: sunsmart.com.au
SPRING FRITTATA

Make the most of spring vegetables with this lovely frittata for lunch or dinner. Low on fat and big on taste, this will soon become a family favourite.

Serving Size: 4

Prep Time: 5-10 minutes

Cook Time: 10 minutes

Ingredients:
- 1 tsp olive oil
- 6-8 (about 200g) small new potatoes, sliced thickly in thirds
- 6-8 asparagus spears (80g), woody ends removed, cut into bite size pieces
- 2/3 cup (125g) peas (if using frozen then thaw first)
- 4 spring onions, chopped
- 4 large eggs
- 2 egg whites
- zest from 1 lemon
- 40g Danish feta, crumbled

Method:

Preheat grill on high heat.
Heat oil in a non-stick oven-proof frying pan and add potatoes.
Toss potatoes in oil, season with salt and pepper, cover and cook for 3-4 minutes before adding asparagus, peas and spring onions.
Continue to cook for 3 minutes.
Whisk eggs, egg whites and lemon zest until light and frothy. Add eggs to frying pan and cook for 3 minutes or until the base is golden and set.
Dot with feta and place under the preheated grill for 2-3 minutes or until golden and frittata is set. Remove from heat.
Place an egg flipper underneath the frittata and gently slide out onto a plate.
Alternatively you can place a board or plate over the frittata and turn upside down.
Cut into wedges and serve with salad.