Dear Parents, Students and Friends of the Lalor Gardens Primary School Community

BLOOMING GREAT KIDS TERM 4 WEEK 4—USING BEING HELPFUL

Almost every day at school, there are ways to be helpful. In the classroom, we can help our friends and our teachers. Outside in the playground, we can help children from other classrooms and especially some of the younger children at our school.

There are all sorts of ways to help others at our school:

- You can help people carry things
- You can help pack up
- You can help in getting equipment out
- You can help people find things
- You can help someone who is having difficulty doing their work

You can help your teacher:

- By keeping your locker and room tidy
- By being on time
- By listening carefully

Of course there are plenty of things that you can do to be helpful at home as well. This could be making your bed and putting your clothes away, doing the dishes, feeding the pets. See if you can think of something useful to do at home that will help Mum and Dad during the week.

Good luck and Good Helping!!

COMMUNITY OPEN DAY

Thank you to all the people who made our Community Open Day such a success. The organising committee did a fantastic job of organising the whole event. Special thanks to Janet Johns and Diane Brownley who got everyone enthused and organised. There were great activities throughout the day. All the teachers, students and support staff came together to celebrate the opening of the school and students, parents and other visitors were involved in a range of different activities. It was a pity that the rain hampered/postponed the planting of all our native plants. However these will be planted over the next few days when the weather improves. Thank you also to Bronwyn Halfpenny who officiated at our community opening and donated the flag pole. Thanks also to Adele Harris whose inspiration led to brilliant art work that was auctioned off. Thanks also to CUA Bank whose donation of $1,000 will enable us to complete more of our gardens.

* photos/more information next week.

See Overleaf for information about the Diwali Festival
Deepavali (also: Depawali, Dipavali, Dewali, Diwali, Divali, Dipotsavi, Dipapratipad) marks the beginning of the Hindu New Year according to the Lunar Calendar. Literally translated, it means 'Row of Lights' (from Sanskrit: dipa = lamp / awali = row, line). It celebrates the victory of Goodness over Evil and Light over Darkness and ushers in the new year. Especially for this event people are cleaning their houses and wear new clothes. Diwali is a 5 day festival as Dhanteras, Choti Diwali, Badi (Main) Diwali, Padwa and Bhaiduj. There are many different names for the days of Diwali in different regions of India (South & North India, East & West India) and in the different languages spoken in that regions (i.e. Hindi, Urdu, Telugu, Tamil, Gujarati, Bengali). During Deepavali people pray to Lakshmi, Goddess of wealth, light, prosperity and wisdom, but also to Ganesha, the 'Remover of Obstacles' and the 'Lord of Beginnings'.

Deepavali celebrations take place in many countries in the world. On the first day of the Diwali festival people pray and having a special breakfast made of many different foods. The Hindu Goddess Lakshmi’s statue and images are carried through the streets in processions. There are various legends and stories associated with the Diwali festival. The story of Bali, Emergence of Laxmi, Krishna Narakaasur Fight, Victory of Rama over Ravana and many more. Dipa Lights (also called Diwali Diyas, Kandils, Ghee Lamps or Parvati Ganesha Lamps) - made of clay, fueled with Oil from Coconuts, Mustard or Ghee (clarified butter), the wick made of cotton wool - are placed outside of houses, on floors and doorways. During Diwali festival, doorways are hung with torans of mango leaves and marigolds. Deepavali Melas are being enjoyed by Hindus, Sikhs, Jains & Buddhists alike. On the day of Deepavali people exchange gifts, bursting firecrackers, lighting fireworks, colourful sparklers & bonfires and having festive meals. Diwali Melas (fairs) are held throughout India and the celebrations abroad. The Indian Festival of Lights takes place after the monsoon season has finished and the weather is nice and pleasant again. Wishing Happy Diwali to everyone! Deepavali Valthukkal!! Shubh Diwali!! In Melbourne Festivities for Deepavali/Diwali is being held on Saturday October 26 at Federation Square. Why not take the kids and learn more about the culture of many of our students at Lalor Gardens PS.

Anne Hulett
Congratulations to the following students who have had a birthday or will celebrate their birthday during the week.

Arezo Shakhawan
Deena Fatfat
Albert Dewalt
Natalia Hana
Krishnanshu Verma

School Caps are **now available** from the school office.

$6.00 each
**“BODY LANGUAGE”**

<table>
<thead>
<tr>
<th>Class</th>
<th>Student Name</th>
<th>Note</th>
</tr>
</thead>
<tbody>
<tr>
<td>Prep A</td>
<td>Noor Khudhair</td>
<td>For always having a happy and cheery disposition. Keep smiling Noor 😊</td>
</tr>
<tr>
<td>Prep B</td>
<td>Olivia Fancellu</td>
<td>For being very confident and displaying positive body language.</td>
</tr>
<tr>
<td>Prep C</td>
<td>Tyilar Coman</td>
<td>For making a positive start to her schooling at Lalor Gardens. Tyilar’s happy and friendly nature has helped her to make many new friends.</td>
</tr>
<tr>
<td>1/2A</td>
<td>Venice Scott-Recchia</td>
<td>For settling in well to his new school and using his body language in a positive way to communicate with others.</td>
</tr>
<tr>
<td>1/2B</td>
<td>Riki Ruvceski</td>
<td>For being a good sport and using great manners with his classmates and teachers.</td>
</tr>
<tr>
<td>1/2C</td>
<td>Arezo Shakhawan</td>
<td>For always listening and using appropriate body language in class showing she is ready to learn.</td>
</tr>
<tr>
<td>1/2D</td>
<td>Quoc Huynh</td>
<td>For always using appropriate body language to communicate effectively with his teachers and peers. Well done !</td>
</tr>
<tr>
<td>1/2E</td>
<td>Paris Tabone</td>
<td>For making some really good efforts to use her body language in a positive way to communicate with others. Well done Paris !</td>
</tr>
<tr>
<td>3/4A</td>
<td>Inas Hussein</td>
<td>For settling in to her new school really well and always showing she’s ready and eager to learn with positive body language and a big smile on her face.</td>
</tr>
<tr>
<td>3/4C</td>
<td>Adam Ritchie</td>
<td>For understanding that body language affects the way people relate to each other.</td>
</tr>
<tr>
<td>3/4D</td>
<td>Aiden Mesquita</td>
<td>For always using positive body language and eye contact when speaking to his peers and teachers. Well done Aiden.</td>
</tr>
<tr>
<td>5/6A</td>
<td>Kenan Crljenkovic</td>
<td>Kenan has been showing the correct and polite body language this week ! Well done Kenan !</td>
</tr>
<tr>
<td>5/6B</td>
<td>Joseph Bongailas</td>
<td>For using positive body language when communicating with his peers and adults.</td>
</tr>
<tr>
<td>5/6C</td>
<td>Delilah Ioelu Utumapu</td>
<td>Delilah always shows the correct body language and always listens to the teacher. Keep up the good work and well done !</td>
</tr>
<tr>
<td>5/6D</td>
<td>Abbas Al-kelabi</td>
<td>For becoming more positive in the way that he expresses himself both verbally and non verbally.</td>
</tr>
</tbody>
</table>
Student Attendance Report:

Congratulations to 3/4A who had 95% Attendance last week. Well done!

Don’t forget:
“Fun Run”
Monday 11th November
5/6C CELEBRATION
OF OUR COMMUNITY OPEN DAY
TEACHING & LEARNING

Picture This! Using Mental Imagery While Reading

One way to help a child comprehend what they are reading is to encourage them to visualize parts of the story in their mind. These “mind movies” help clarify information and increase understanding, and can be done with fiction or nonfiction text. The images can include any of the five senses.

Many of the books you read with your child may already contain beautiful illustrations, so try this visualization practice with the longer books you use as you read aloud. Or, sit facing your child and read a few pages without having your child look at the pictures. Then follow these few simple steps to provide your child with practice developing their mental images:

- Begin reading. Pause after a few sentences or paragraphs that contain good descriptive information.
- Share the image you’ve created in your mind, and talk about which words from the book helped you “draw” your picture. Your picture can relate to the setting, the characters, or the actions. By doing this, you are modeling the kind of picture making you want your child to do.
- Talk about how these pictures help you understand what’s happening in the story.
- Continue reading. Pause again and share the new image you created. Then ask your child to share what he sees, hears, tastes, smells and feels. Ask what words helped him create the mental image and emotions. By doing this, you are providing your child with practice with this new skill.
- Are your images identical? Probably not! This is a great time to talk about why your images might be different. Perhaps your child went on a school field trip or had a school assembly that changed the way they created the picture in their mind. Perhaps experiences you’ve had as an adult influenced what you “drew.” These differences are important to understand and respect.
- Read a longer portion of text and continue the sharing process.
- Once this is a familiar skill, encourage your child to use mental imagery when they are reading by themselves. You can feel confident that these mental pictures will help your child understand the story in an important way.

Helpful information about learning brought to you by Reading Rockets, Colorin Colorado, and LD OnLine
PREP ENROLMENTS
FOR 2014

at Lalor Gardens Primary School
134 Kingsway Drive, Lalor 3075

Don’t miss out, please come to the school office for an enrolment form, so we can include your child in our Prep Grades for 2014.

School tours are available at a time convenient to you, just call 9465 1351.
**BAT TENNIS BOYS**
Today the bat tennis boys played against Meadow Glen, unfortunately we lost. The score was 28 for Lalor Gardens and 39 for Meadow Glen Primary School. Everyone had a great game. 😊

*By: Jason Le*

---

**BAT TENNIS GIRLS**
Today the girls bat tennis team played against Meadow Glen Primary School. Unfortunately we lost. The scores were Lalor Gardens 6 and Meadow Glen 35. We had fun and the whole team tried their best. 😊

*By: Katie Nguyen*

---

**CRICKET**
Today the cricket boys played Meadow Glen. It was a fun, fair and full of sportsmanship game but unfortunately we lost. The scores were Lalor Gardens: 2/28 to Meadow Glen: 2/49. The whole team put in 100% and didn’t give up until the end. 😊

*BY: Ayden*

---

**ROUNDERS BOYS**
Today the rounders boys played Meadow Glen and we won. The scores were 7-2. The standout players were the whole team, and we all put in our best efforts and thanks to Mr Vann. 😊

*By: Brandon*

---

**ROUNDERS GIRLS**
On Friday Lalor Gardens rounders girls played Meadow Glen Primary school, it was a cold and windy day but we managed to win, the scores were Lalor Gardens 7 to Meadow Glen 6. The whole team played a really great game, well done girls. 😊

*By: Tran Tran Nguyen*

---

**SOFTBALL**
Today in Interschool Sport the softball girls played against Meadow Glen. Unfortunately we lost, 6 to 9. Everyone did wonderful and we all had fun, Good Job Girls. 😊

*By: Cindy Vo*
Pizza Pockets
Make your pizzas completely portable by folding them into tasty little pockets with the ingredients on the inside. They're delicious cold and make an ideal picnic or lunch box filler.

Serving Size: Makes 4

Ingredients:
• 1 sheet puff pastry, defrosted
• 1 egg, beaten
• 1/3 cup pasta sauce
• 2/3 cups (70g) mozzarella cheese, grated
• 80g ham, sliced
• 8 cherry tomatoes, halved

Method:
Preheat oven to 230°C (210°C fan-forced).
Cut pastry into four even squares and place them on an oven tray lined with baking paper.
Brush the edges of one square with beaten egg. Spoon some pasta sauce into the centre, and top with some cheese, ham and tomatoes.
Fold over a corner diagonally to form a triangle and use a fork to seal the edges. Repeat with remaining ingredients.
Brush beaten egg over the tops of the pockets. Bake for 12 minutes until puffed and golden.
Talking About Childhood Asthma
Live From The Airways
Presented by The Asthma Foundation of Victoria and Royal Children’s Hospital

Sunday 27th October 2013
4pm - 6pm
FREE!
Ella Latham Auditorium, Ground Floor, Royal Children’s Hospital, Melbourne

Ask questions, gain advice on: medications, diagnosis and asthma management from top
Respiratory Specialists:
A/Prof Sarath Ranganathan
Prof Colin Robertson
Dr Jo Harrison
Light refreshments will be served and tickets are limited, therefore registrations are essential.
Attend the event at the Royal Children’s Hospital OR watch the LIVE Webcast online
Register at www.asthma.org.au or call 1800 ASTHMA (1800 278 462)