Dear Parents, Students and Friends of the Lalor Gardens Primary School Community

BLOOMING GREAT KIDS TERM 3 – WEEKS 9 & 10
REVISION OF BULLYING

The last two weeks of term, we will be revisiting the topic behaviour of “Bullying.” Bullying remains a major issue not only for schools but for our whole community, and it is essential that all the children, parents and staff come to an agreed understanding of what constitutes bullying, what characterises a bully, and what strategies we can use to lessen and/or eradicate this type of behaviour. Bullies and bullying exist in schools, workplaces, clubs and communities. The causes and effects are complex and difficult to manage, but it is essential that the issue is tackled and dealt with in a manner that protects and supports the victims as well as encouraging behavioural change by the perpetrators. Over the next two weeks we will be revising:

- Who Are Bullies?
- What Do Bullies Do?
- How Can We Deal With Bullies?

Something that we often forget about or don’t consider is cyber bullying which is much more prevalent than we think. Because this happens via the internet, mobile phones and on social media and in many cases while children are unsupervised and while surfing the NET at home, it is much more difficult to detect.

While the school can deal with bullying at school, we sometimes see the insidious aftermath of online bullying. This is where parents are crucial in stemming bullying of this nature. Children should ALWAYS BE SUPERVISED when online. Ideally the computer or mobile device should be in a central place in the house where adults can check on what their children are doing online. At the very least bedroom doors should remain open if children have access to the internet from their room. Parents can easily walk past or into the bedroom to check what is happening. Also it is good to check items that have been minimised as it only takes one click to hide something from nosey parents. Believe me I know!!! We must all be vigilant and ensure our children’s and students’ safety and wellbeing.

SCHOOL COMMUNITY OPEN DAY
The school will be holding a Community Open Day on Wednesday October 23 from 9.00—5.30 pm. This celebration day is in lieu of a formal DEECD opening as we believe this is a community school and it is important to celebrate the opening with the community. There will be special activities by all grades throughout the day as well as choir performances. Children who have donated $10 for a plant will get to plant their plant with their parents and other members of their family. A special ceremony to celebrate the opening of the school will be held at 4.00 pm. Please keep this day/afternoon free to join in the festivities and let others know as well.

REMEMINDER PREP ENROLMENTS FOR 2014
DON’T WAIT, SECURE YOUR CHILD’S EDUCATION AT LALOR GARDENS NOW!!!!

Anne Hulet

Principal : Anne Hulet
School Phone No.: 9465 1351
www.lalorgardensps.vic.edu.au
Calendar of Events

Sept 1-7
♦ Legacy Week

Sept 9
♦ Chocolate drive finishes

Sept 10
♦ Footsteps—all grades
♦ School Council Meeting—6.30 pm

Sept 17
♦ Footsteps—all grades
♦ School Council Meeting—6.30 pm

Sept 18
♦ Preps—Bunnings Incursion

Sept 20
♦ Last Day Term 3
Students finish 2.30 pm

Congratulations to the following students who have had a birthday or will celebrate their birthday during the week.

Riki Ruvceski
Marija Najdovska
Denis Nuredini
Yanni Omar
Ali Alamara
Mohamed Hafda
Jamila El Mahmoud
Hassan Al Husaini

FATHER’S DAY RAFFLE WINNERS!

CONGRATULATIONS TO:

1ST PRIZE    Brody Rice    3/4A
2ND PRIZE    Mariam Saleh    1/2B
3RD PRIZE    Xantara Beatt    1/2D
4TH PRIZE    Dimi Georgiadis    1/2C
5TH PRIZE    Freda Nielsen    3/4C
6TH PRIZE    Cindy Huynh    1/2B
7TH PRIZE    Anastasija Toskovska    Prep C
8TH PRIZE    Jason Le    5/6A
9TH PRIZE    Kaitlyn Donnelly    1/2B
10TH PRIZE   Caitlyn Marmo    5/6B
11TH PRIZE   Stefani Stefanoski    1/2D
12TH PRIZE   Con Nikolovski    5/6C
13TH PRIZE   Kaiya El Mahmoud    3/4B
14TH PRIZE   Kristian Mitrovski    5/6A
15TH PRIZE   Deena Fatfat    Prep C
16TH PRIZE   Achmad Jufri    5/6A

E.M.A. CHEQUES NOW AVAILABLE FROM SCHOOL OFFICE. PLEASE COLLECT A.S.A.P.
LEGACY WEEK FROM 1ST—7TH SEPTEMBER
Please support this very worthy cause either by donation or buying merchandise. Badges/wrist bands etc will be sold by 5/6 grades during Legacy Week.

CADBURY CHOCOLATE DRIVE
Thank you to all the families who have sold their chocolates. The Chocolate Drive finishes on Monday (9th September) so please return money and unsold chocolates to the school.

Thank you,
Fundraising Committee

OPERATION CHRISTMAS CHILD
Hi everyone,
Did you know there are children in the world who have never received one present! Operation Christmas Child is an organisation that sends essential and fun items to children in Cambodia, Thailand and other close countries all packed inside shoe boxes.
If you would like to be involved please see Mrs Brownley in the office for a brochure and a box or cover a shoe box you have at home. Please consider filling a box for a child.
Filled boxes need to be completed by early next term.
Mrs Brownley – Office
“WHO CAN HELP ME”?

Prep A  Karolina Lakovska  For continuing to try her hardest at remembering to ask the teacher for assistance.

Prep B  Paige McKenzie  For always looking after and helping others in her class.

Prep C  Kelvin Nguyen  For being a helpful student to others and showing more confidence in asking for help when tasks are difficult. Kelvin is putting more effort into his work. Keep up the great work!

1/2B  Emily Abdallah  For being very helpful to her friends and teachers.

1/2D  Bilal El-Kotob  For choosing the right people to help him when needed to solve problems.

1/2E  Lucas Andreevski  For being a wonderful helper! Well done Lucas!

3/4A  Rosela Fejzolli  For being helpful towards others in need, and also showing confidence in dealing with her own problems and in knowing when and where to seek help. Keep up the great work!

3/4B  Digvijay Digvijay  For settling well into our school and for knowing exactly where to go when he needs assistance. Well done!!

3/4C  Freda Nielsen  For knowing who to ask for assistance when stuck with her work.

3/4D  Samira Habib  For always helping her classmates. Well done Samira!

5/6A  Noah Chebbo  For always going to a friend or teacher when he has a problem. Keep it up!

5/6B  Hassan El-Mahmoud  For always putting in effort to help others. Well done Hassan!

5/6C  Brandon Ocello  For always helping people that need help. Well done!
PUMPKIN, SPINACH AND FETA ROLLS

Sausage rolls are always a hit with the kids. This vegetarian version is sure to please even the fussiest eaters and makes for an easy lunch or weeknight meal. They're also great for parties and picnics.

Serving Size: Makes 24

Ingredients:
- 500g pumpkin
- 40ml (2 tbsp) olive oil
- 1 brown onion, diced
- 1 clove garlic, crushed
- 250g frozen spinach
- 200g Greek-style feta, crumbled
- 3 sheets frozen puff pastry, thawed
- 1 egg, beaten
- 1 tbsp. sesame seeds

Method:

Preheat oven to 200°C (180°C fan-forced). Peel pumpkin and remove seeds, then cut into 1.5cm cubes. Toss in 20ml (1 tbsp) olive oil. Spread in a single layer in a baking dish and bake for 20 minutes. Heat remaining oil in a fry pan. Saute onion and garlic over low heat for five minutes. Add frozen spinach and cook for 10 minutes, stirring often, until completely thawed and well combined. Stir through the baked pumpkin and crumbled feta. Season well with salt and pepper. Increase oven to 220°C (200°C fan-forced). Cut each pastry sheet in half to create six strips. Place 1/6 of the pumpkin mixture along the length of each strip. Brush one long edge with beaten egg. Starting with the unbrushed side, roll and seal. Repeat with all the pastry. Transfer the rolls, seam-side down, to a tray lined with baking paper. Slash each into quarters. Brush with egg and sprinkle with sesame seeds. Bake for 25-30 minutes until puffed and golden.
Awesome! # fun# good times at LGPS#
memories are made of this!
We are enjoying the footsteps program!
This week we learnt a progressive dance!
GIRLS SOCCER TEAM
Last Friday the Lalor Gardens Girls Soccer Team competed against Lalor East and Lalor North. Unfortunately we lost the first match, but won the other. We all did a good job, especially Sabrina with three goals, Jamila with one goal and Jessica for good defence. We would like to thank Mr De Leo for coaching us and Daniel for giving us good advice and help.

Great job girls! by Jessica and Tran

School Camps & Excursions: Asthma
If your child has asthma, attending school camps and excursions can introduce them to new asthma triggers especially if they are going into new environments. It is essential that your child can participate fully and safely in all school activities. The following is a list of considerations to make for your child before they go on school camp or an excursion:

- Is your child’s asthma currently well controlled (e.g. no symptoms at night, reliever use less than 3 times per week)?
- Has your child had an asthma attack or asthma symptoms recently?
- Does the school have an Asthma Action Plan for your child?
- Has the school asked you to complete a School Camp and Excursion Medical Update Form?
- Does your child have their reliever medication and spacer on hand at all times?
- Are they attending with any other medications to be taken on the camp/excursion? If so, are there sufficient instructions to staff for use/dosage?
- Does your child self-administer their medication? If so, has their technique been checked recently?

For more information please contact The Asthma Foundation of Victoria on 1800 278 462 or www.asthma.org.au.